

Health & Wellbeing Board

A meeting of Health & Wellbeing Board was held on Tuesday, 24th May, 2022.

Present: Cllr Jim Beall (Chair), Fiona Adamson, Sarah Bowman - Abouna, Jon Carling, Cllr Lisa Evans, Martin Gray, Dominic Gardner, Cllr Ann McCoy, Alex Sinclair (Sub for David Gallagher), Ann Workman

Officers: Michael Henderson, Tanja Braun, Andrea Hogg, Aishah Waithe, Judith Underwood

Also in attendance:

Apologies: Cllr Jacky Bright, Cllr Dan Fagan, Julie Gillon, Jonathan Slade, Peter Smith, Cllr Sylvia Walmsley,

1 **Declarations of Interest**

There were no declarations of interest.

2 **Minutes of the meeting held on 27 April 2022**

The minutes of the meeting held on 27 April 2022 were confirmed as a correct record.

3 **Physical Activity Steering Group Update**

Members considered a report and presentation that updated the Board on progress achieved by the Physical Activity Steering Group (PASG) and partners, since November 2021.

Members were reminded that PASG supported a system based approach to physical activity through an agreed framework, with specific targets. It was explained that, since the previous update the PASG had progressed work to meet its ambition for more people to be more active, more often. This included the Beat the Streets project that took place in March / April 2022 and engaged 19,583 people in walking, cycling or scooting, including many children and families in the Borough. There were also several other walking and cycling initiatives underway, including a 'Love Exploring' app that supported themed quiz trails. In terms of volunteers it was explained that 75 had been recruited who were involved in a range of things such as tree planting, gardening, walk leaders, Beat the Street Ambassadors and litter pickers.

Alongside the work of the PASG, North Tees Hospital Trust was continuing its work on the Active Hospitals pilot. Since the previous PASG update the Active Hospitals team had continued its work on existing pathways, and commenced new pathways, continuously learning from what was working well. The evaluation of the pilot was underway, and work was progressing on embedding practices into business as usual.

The Council's Public Health team was currently leading on a Health Needs Assessment for Healthy Weight across the life course. The assessment was progressing well, and consultation and research was currently being undertaken that would be key to shaping the work.

Going Forward the PASG would:

- Further develop links with communities as an integral part of the system
- Build on the existing momentum of Beat the Streets and Love Exploring
- Reflect on the action plan and levers/opportunities across the system to achieve the aim of more people more active
- Engaging with partners integral to Waterfront Development
- Continue to deliver on key activities such as Healthy Streets
- Continue development of a Joint Communications Plan.

Discussion:

- Making activities accessible to children and adults, with disabilities, was a priority, including the provision of suitable play equipment in parks.
- The VCSE was keen to be involved PASG and further discussion on this would be undertaken outside the meeting.
- The Board understood that many mental health issues could be improved through physical activity and it was noted that the Steering Group had links with TEWV.
- The Board discussed what outcomes could be measured to understand if the physical activity work was having an impact and to what extent. It was suggested that the PASG should consider this further and reference progress, in this regard, as part of its next update.
- It was agreed that engagement with children and young people around encouraging physical activity was key, as they would become the adults and parents of the future.
- Noted that 10% of the Borough's population had been involved in Beat the Streets, with 45% of those coming from disadvantaged wards.

RESOLVED that

1. the work of the Physical Activity Steering Group and the further development of a systems approach to Physical Activity, be endorsed.
2. discussions take place, with Catalyst, to identify a VCSE representative to sit on the steering group.
3. the joint communications plan be supported, to amplify messaging.

4 Integrated Mental Health Steering Group Update

For the purposes of transparency Cllr Ann McCoy indicated that she served on the Council of Governors of Tees, Esk and Wear Valleys Mental Health Trust.

The Board considered a report relating to the reinstatement of the integrated Mental Health Steering Group for Stockton-on-Tees, as strategic group of the

Health and Wellbeing Board.

The Integrated Mental Health Steering Group's focus was to improve the mental health and wellbeing of the local population through the development and implementation of a joint strategic framework, across the life course.

A revised draft terms of reference were provided for consideration and these would be reviewed in 6 months.

Discussion:-

- Members supported the reinstatement of the Steering Group, as an important part of developing the whole system approach to mental health.
- The Terms of Reference should refer to coproduction with those with lived experience, their families and carers shaping the vision. They should also mention a human rights based approach.
- The Group would be operating at a Stockton place level but there would be opportunities to link in with the Tees Valley Mental Health Alliance and influence commissioning at a Tees Valley level.
- Suggested that the Commissioning Delivery Manager (Children's Mental Health) Tees Valley CCG be added to the membership and this would be considered by the Steering Group.
- Reference was made to the cost of living crisis, child poverty and the impact on mental health.
- Noted that Catalyst was holding a voluntary sector, mental health workshop on 4 July 2022.
- The Steering Group had links to work being undertaken in Children's Services and there was some work being undertaken around transitions
- The Group was looking to identify a representative from Primary Care.

RESOLVED that:

1. the reinstatement of the Steering Group be supported.
2. the draft Terms of Reference be agreed, subject to the outcomes of the Group's consideration of the suggested amendments, made by Board members and detailed above.

5 Local Health and Wellbeing Intelligence System

This report provided an update on the discussions around place-based arrangements for collecting and using intelligence and evidence across the health and wellbeing

system in Stockton-on-Tees and how this supported and steered collective work to address health inequalities.

Discussion:

- The Board was supportive of the work being undertaken and the planned work.
- Catalyst and Healthwatch offered to provide input into the Health and Wellbeing Intelligence Group.
- It had always been considered that sharing information was important and the pandemic had highlighted this even more. The sharing and analysis of all available information had been key in providing a successful response to Covid. The intelligence groups offered an opportunity to continue this approach in other areas.

RESOLVED that the update and discussion be noted/actioned, e as appropriate.

6 Linking community assets and primary care

RESOLVED that this item be deferred to a future meeting.

7 Integrated Care System and Integrated Care Partnership Update

The Board received a presentation relating to the Integrated Care System (ICS).

The presentation included:

- Details of the Integrated Care System architecture
- The guiding principles for the development of the Integrated Care Board (ICB) and its governance operating model.
- Details of appointments to the ICB.
- High level details of functions and decision maps.
- Expectations and plans relating to place based working
- Development of the Integrated Care Partnership (ICP) and membership options

Next steps included:

- Further development of the operating model, followed by testing against a range of scenarios.
- Review of ICB committee roles and structures, also the governance of ICS workstreams, with Executive Directors, as and when appointed.
- Final operating model would shape the deployment of their most senior staff. The vast majority of staff would continue to work in the way they do now.
- Ongoing engagement with key partners on the development of the ICS, including with Health and Wellbeing Boards and local and sub-regional scrutiny committees.

Discussion:

- Confirmation had been received that the Board would have an important role in the ICS at place level.
- There was a feeling that local authorities had been involved in the introduction of ICSs to a much greater extent than previous restructures of the health system.
- Members noted some of the functions that would be discharged, at place level, including local primary care commissioning (excluding nationally negotiated GP Contracts). Arrangements around provision of primary care services, at scale, were less developed but there was early discussion around the establishment of a collaborative of providers, that would represent primary care across the ICS.
- The Board was advised of the 'Fuller Stocktake' that had taken place nationally, and would provide ICSs with guidance on working with primary care at different levels of scale.
- It was considered essential that primary care and prevention were priorities of any plans going forward.

RESOLVED that the update and discussion be noted.

8 Members' Updates

Members were provided with an overview of the Monkey Pox infection, which had seen an increase in numbers, recently, and had been highlighted in news articles.

The Best Start in Life Strategy officially launched in June and invites would be circulated soon.

Noted that the Festival of Learning had taken place earlier in the month and had been very well received.

9 Forward Plan

The Board noted its Forward Plan.

10 Announcement from the Chair

Councillor Beall, the Chair of the Board, explained that he had been nominated to the position of Deputy Mayor of the Council, and this would be considered at the Council's Annual Meeting, to be held on 25 May 2022. He explained that regulations and the Council's Constitution did not allow him to serve as Deputy Mayor and an Executive Member, at the same time, and, in view of this, he would be stepping down from his roles as Cabinet Member for Health, Leisure and Culture and Deputy Leader of the Council. This would mean he could no longer be Chair of the Health and Wellbeing Board and this would be his final

meeting, as a Chair and as a Board member.

The Chair thanked everyone who had supported him and served on the Board during his tenure.

On behalf of the Board, Councillor Evans paid tribute to Councillor Beall's time as Chair, his in depth knowledge of the issues facing all partners, the communities they served and his commitment to the public sector, as an officer and as an elected member. Members of the Board wished Cllr Beall success going forward.